



Balanced Body University Presents

Pilates Instructor Training

Pink Ribbon Program: Post - Rehabilitative Breast Cancer Exercise Specialist Training Program

When: Friday 7/23/2010 - Saturday 7/24/2010

Friday 3pm to 8pm
Saturday 9am to 3pm

Location: Fab Pilates
57 W. Main Street, Suite 110
Babylon NY 11702
631.321.1040
fabpilates@optonline.net
<http://www.fabpilates.com>

Cost: \$450.00/student

To Register: Go to <http://www.bbupilates.com> and click on:



and **Select** 'Fab Pilates'

The goal of this interactive two day course is to provide participants with the essential knowledge base for the successful evaluation of the breast cancer survivor, from diagnosis to treatment, recovery, prevention of lymphedema and proper exercise guidelines and protocols. The course is open to physical therapists, occupational therapists, Pilates instructors, lymphedema treatment specialists and nurses. Evidence based practice and integration of material from the areas of functional exercise, shoulder rehabilitation and Pilates exercises will be the emphasis of the lab sessions. a [href=http://www.pinkribbonprogram.com](http://www.pinkribbonprogram.com)>[more info]

For more information, please contact:

Balanced Body University (BBU)

"Expanding the World of Pilates"

<http://www.bbupilates.com> / info@balancedbodyuniversity.com

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877-PILATES (745-2837)